



ROSE HILL  
CENTER

# Lifelong WELL-BEING NEWSLETTER

Spring 2024

Previously "Update Newsletter"

Cultivate Lifelong Well-Being • [www.RoseHillCenter.org](http://www.RoseHillCenter.org)

## Serious Mental Illness with Co-Occurring Autism Spectrum Disorder

Supporting a loved one with a serious mental illness and co-occurring autism as an adult can present unique challenges and opportunities for growth within the family unit. Autism spectrum disorder (ASD) is a neurodevelopmental condition characterized by challenges in social interaction, communication, and repetitive behaviors. When combined with other mental health conditions such as schizophrenia, schizoaffective disorder, major depressive, bipolar, borderline personality, navigating daily life can become even more complex.

First and foremost, it's essential to understand that every individual with autism is unique, with their own strengths, preferences, and challenges. Patience, empathy, and open communication are crucial when providing support. Here are some strategies for supporting a loved one with co-occurring autism as an adult:

**Educate Yourself:** Take the time to learn about autism and any coexisting conditions your loved one may have. Understanding their needs and behaviors can help you provide more effective support.

**Create a Structured Environment:** Individuals with autism often thrive in structured environments with clear routines and expectations. Establishing a predictable daily schedule can help reduce anxiety and promote a sense of stability.

**Encourage Independence:** While providing support, it's essential to encourage your loved one's independence and autonomy. Offer assistance when needed, but also allow them the opportunity to take on tasks and make decisions on their own.

**Communicate Clearly:** Use clear, concise language when communicating with your



loved one, and be mindful of nonverbal cues such as body language and tone of voice. Be patient and listen actively to their thoughts and feelings.

**Provide Emotional Support:** Individuals with autism may struggle with understanding and expressing their emotions. Offer reassurance, validation, and empathy, and help them develop coping strategies for managing difficult emotions.

**Seek Professional Help:** Consider enlisting the support of therapists, counselors, or support groups specializing in autism and mental health. Professional guidance can provide valuable insights and resources for both you and your loved one.

**Previewing:** Clearly discussing the specifics of an upcoming event with your loved one beforehand can provide reassurance in potentially uncomfortable situations. For instance, prior to attending a party,

it's helpful to outline expectations such as the anticipated number of attendees, who will be present, departure time, and any other pertinent details that may alleviate discomfort.

**Celebrate Achievements:** Recognize and celebrate your loved one's achievements, no matter how small. Positive reinforcement can boost their confidence and motivation to continue growing and learning.

Supporting a loved one with co-occurring autism as an adult requires patience, understanding, and a commitment to their well-being. By fostering a supportive and accepting environment, you can help them navigate life's challenges with confidence and resilience. 🌱

- Kelly Patrick,  
BSN, RN, CAS, Autism Specialist  
Rose Hill Center



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Rose Hill Center is a comprehensive and effective residential treatment and rehabilitation program for adults with serious mental illnesses. Rose Hill provides medication support, education, and training to help people from all over the country achieve their highest level of independence.

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# RHC - History of ECO Innovation

In 1999, Rose Hill Center, became the pioneering site of a groundbreaking innovation in water treatment in the United States. Designed in Canada and meticulously studied for eight years by the US Environmental Protection Agency (EPA), the Rose Hill water treatment facility emerged as the first of its kind in the nation, heralding a new era of proactive environmental stewardship.

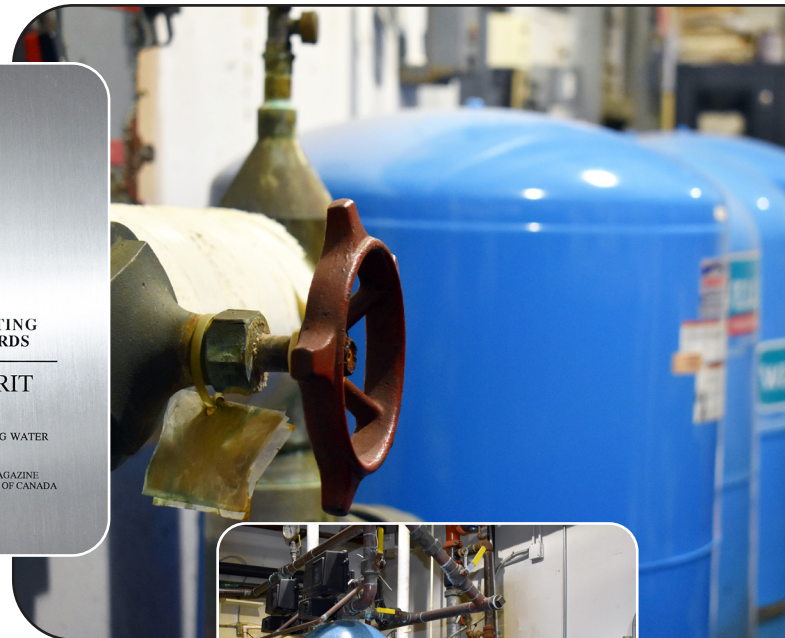
At the heart of this innovative endeavor was the imperative to address the presence of arsenic in the water, a pervasive issue affecting communities across the country. Prior to the establishment of the Rose Hill water treatment facility (1992-1999), conventional methods, such as reverse osmosis, had been employed, albeit with limited success. The inefficiency of these methods necessitated a fresh approach to tackle the arsenic contamination.

The visionary team behind the Rose Hill water treatment facility embarked on a mission to revolutionize water purification techniques. Drawing upon years of research and collaboration, the facility was equipped with state-of-the-art technology tailored to effectively remove arsenic from the water supply. This bold endeavor marked a significant departure from reactive approaches to

environmental challenges, exemplifying a proactive stance toward safeguarding public health and environmental integrity.

The dedication and ingenuity invested in the Rose Hill water treatment project did not go unnoticed. In recognition of its transformative impact, the facility received accolades from Canada, affirming the remarkable achievement of rendering arsenic undetectable in the treated water. This accolade not only underscored the efficacy of the innovative treatment process but also highlighted the collaborative spirit transcending national boundaries in addressing shared environmental concerns.

The success of the Rose Hill water treatment facility serves as a testament to the power of innovation and collaboration in tackling complex environmental challenges. By prioritizing proactive solutions and embracing cutting-edge technology, Rose Hill exemplifies a beacon of hope for communities grappling with water contamination issues. As the first of its kind in the United States, Rose Hill's pioneering legacy continues to inspire a new generation of environmental champions committed to fostering a healthier, more sustainable future for all. 🌱



Story Contributions by:  
Mark Perry, Facilities Manager  
Rose Hill Center







## Message from the President

Jim Kubicek  
President & CEO of  
Rose Hill Center

Stepping into the role of President and CEO at Rose Hill fills me with a profound sense of honor and humility. My journey to this position has been defined by unwavering dedication, boundless passion, and a steadfast commitment to serving others. With a background deeply rooted in healthcare and a strong sense of community, I am thrilled to bring my experience to the forefront at Rose Hill.

I hold a firm belief in the transformative power of compassion, healing, and recovery. It is my mission to ensure that Rose Hill remains a beacon of hope and support for all who seek solace within its walls. Together with our exceptional staff, I am confident that we will face the challenges ahead with grace and determination.

I consider myself incredibly fortunate to be surrounded by such a talented and devoted team. With their unwavering support, I am eager to lead Rose Hill towards a future marked by growth, innovation, and an unyielding commitment to our mission.

Sincerely,



## Making a Difference

### New Spaces, New Programming

by: Charles J. Evans  
Chairman

In 2024, we embark on an exciting new project at Rose Hill Center, one that holds immense promise for our community. Our endeavor involves transforming the John Kelly residence into a serene, 6-bedroom residential home. This will serve as the new abode for our Extended Residential Program, currently operating out of Malta House. The vision is clear: to provide our long-term residents with a nurturing and secure environment that will complement their specialized treatment programming for years to come.

This expansion marks a significant milestone for our campus, as it enables us to offer private rooms to all residents—a crucial aspect in addressing the diverse needs of individuals grappling with serious mental illnesses. The late Mr. John Kelly, whose legacy continues to inspire us, resided in this very home until his passing in 2019. His profound affection for his



The John Kelly Home

family and his enduring contributions to Rose Hill Center are deeply cherished.

Thanks to the remarkable generosity of a Rose Hill family who donated \$500,000 towards this project, we are poised to honor John's memory and realize the Kelly family's vision. Together, we strive to create a space where healing and hope can flourish, embodying the essence of Rose Hill's mission.

Sincerely,



## Honor & Memory Gifts October 1, 2023 – January 31, 2024

### In Honor of:

Ms. Jeanne Berry	<ul style="list-style-type: none"> <li>Mr. Patrick D. Berry</li> <li>Mr. Mark Berry</li> </ul>
Mr. Bennett Glasgow	<ul style="list-style-type: none"> <li>Mr &amp; Mrs. Frank J Glasgow</li> </ul>
Mr. Dan Kelly	<ul style="list-style-type: none"> <li>Mr. Henry M Grix</li> <li>Mr &amp; Mrs. Angelo A Agnello</li> <li>Mr &amp; Mrs. Donald J Giffels</li> </ul>
Mrs. Patricia McNeil	<ul style="list-style-type: none"> <li>Ms. Tania Borrego</li> </ul>
Mr. & Mrs. Patrick & Sandi Seyferth	<ul style="list-style-type: none"> <li>Ms. Colleen Farrell</li> </ul>
Mr. & Mrs. Harry & Mary Torossian	<ul style="list-style-type: none"> <li>Mr. &amp; Mrs. Thomas Torossian</li> </ul>
Mr. & Mrs. Donald Waterman	<ul style="list-style-type: none"> <li>Mrs. Anne Beaubien</li> <li>Mr. John Waterman</li> </ul>

### In Memory of:

Ms. Marion Alley	<ul style="list-style-type: none"> <li>Mr. &amp; Mrs. Frank J Glasgow</li> </ul>
Mr. Edward M. Doyle	<ul style="list-style-type: none"> <li>Mr. Dan Kelly</li> </ul>
Mr. Byron Finnegan	<ul style="list-style-type: none"> <li>Mr. &amp; Mrs. James Finnegan</li> <li>Mr. &amp; Mrs. A. Blake Hennessy</li> </ul>
Mr. Dennis J. Flynn	<ul style="list-style-type: none"> <li>Mr. Dan Kelly</li> </ul>
Mr. Joe Grace	<ul style="list-style-type: none"> <li>Mr. Leonard V. Trotta</li> <li>Mr. Jerome Rivard</li> </ul>
Mr. John Kelly	<ul style="list-style-type: none"> <li>Mrs. Patricia McNeill</li> <li>Mr. &amp; Mrs. J. Thomas MacFarlane</li> <li>Mr. &amp; Mrs. Bruce Martin</li> </ul>
Mrs. Rosemary Kelly	<ul style="list-style-type: none"> <li>Mr. &amp; Mrs. Donald J Giffels</li> <li>Mrs. Patricia McNeill</li> <li>Mr. &amp; Mrs. Bruce Martin</li> </ul>
Mr. Paul Kelly	<ul style="list-style-type: none"> <li>Mr. &amp; Mrs. Michael VanDenBerg</li> </ul>
Ms. Shirley Kelly	<ul style="list-style-type: none"> <li>Mr. &amp; Mrs. Michael VanDenBerg</li> </ul>
Mr. James McLernon	<ul style="list-style-type: none"> <li>McLernon Finkbeiner Charitable Fund</li> </ul>
Mr. Jerrold L. McPartlin	<ul style="list-style-type: none"> <li>Mr. &amp; Mrs. Charles E Anderson</li> </ul>
Mr. John Seyferth	<ul style="list-style-type: none"> <li>Mr. Robert Petrillo</li> </ul>
Ms. Marjorie Soper	<ul style="list-style-type: none"> <li>Ms. Rosemary Kornacki</li> </ul>
Mr. Philip Tannian	<ul style="list-style-type: none"> <li>Mr. Dan Kelly</li> </ul>
Mr. & Mrs. Cliff & Mary Key Ulrich	<ul style="list-style-type: none"> <li>Ms. Theresa Battel</li> </ul>
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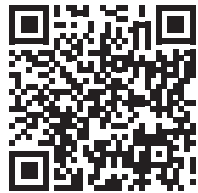
## Thank You, for Your Support!

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residents achieve their goals  
& reclaim their lives!

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Dear friends and supporters:

As we step into 2024, the atmosphere on the Rose Hill Center campus is brimming with excitement and gratitude. Reflecting on the past year fills me with profound appreciation for the generosity and support of our community. In 2023, our supporters rallied behind our Raise the

Roof campaign, raising an astounding \$86,000 to replace the aging roof on our historic barn. This response humbles me beyond words, and I extend my heartfelt thanks to each and every one of you.

I wish to share one particular testimony from a grateful family that stands out, encapsulating the transformative impact of Rose Hill Center. Their words echo the sentiments of countless others whose lives have been touched by our programs and dedicated staff. It is stories like these that reaffirm the profound joy and purpose found in the work we do.

"We do not have the words to express how we feel about Rose Hill. Rose Hill gave us back our child, and more importantly, Rose Hill gave back something to our son that he had lost sometime between the senior year in high school and the sophomore year in college... Rose Hill never deserted us even when he attempted to desert Rose Hill. The quality of your program, the consistency of the care, and the professionalism of the staff was nothing less than extraordinary."

As we move forward, I am inspired by the unwavering support of our community and the tangible difference we continue to make in the lives of individuals and families. Thank you for standing by us as we strive to uphold our mission of compassion and healing. Your continued support fuels our dedication to serving those in need.

With gratitude,

Founder

## SAVE the DATE! August 12, 2024

2024 John Kelly Memorial Golf Invitational at  
The Country Club of Detroit!

Registration will be available on the Rose Hill  
Foundation website, and mailed in late March.

For Sponsorship or Registration please email:

[Development@rosehillcenter.org](mailto:Development@rosehillcenter.org)

## THINK SPRING!

We're looking forward to seeing you all at the Annual  
Rose Hill Flower Sale on Saturday, May 11, 2024!  
As always we will have hundreds of beautiful, healthy,  
flowers and plants to choose from! See you there!

For more information about Rose Hill Center,  
Call: 248-634-5530  
or visit our website [www.RoseHillCenter.org](http://www.RoseHillCenter.org).