

UPDATE

Newsletter - Spring 2020

Treatment

Growth

Recovery

Rose Hill Healthcare Heroes

Spring has long been known as a time for renewal and fresh starts, and this has never been more relevant than in the current situation. We are looking forward to the not too distant future when we will be able to **spring forth** and resume our normal routines. Currently, many of us have been comfortably **hibernating** in our homes while the staff at Rose Hill have been carrying on their duties with a resounding determination and commitment to care. These “essential” employees that keep Rose Hill’s effective programs running cannot hibernate or isolate. Instead, they have leaned into the challenge of providing services and support despite the added regulations, possibility of infection, and sometimes limited resources. **They are known as: Rose Hill Center’s Healthcare Super Heroes!**



How DO they DO it?!

First and foremost, the mission of Rose Hill Center is to provide treatment for adults with serious mental illness. Our clinical team has not wavered in their commitment, offering the same evidence-based, highly-effective, individual and group therapies. When asked how she finds strength to cope with continuous change, Deborah Cain, RN at Rose Hill commented with a quote she likes, “Give us the courage to face the storm and walk through it keeping everyone safe from harm”. Along with their “normal” daily work duties, additional COVID-19 health related educational programs and communications both for residents and staff have been provided by the nursing team.

At Rose Hill, the Team Support Specialists are the front-line workers (aka “Healthcare Heroes”). These dedicated individuals have gone above and beyond to keep the residents safe and engaged during what can only be described as unusual circumstances. As guidelines for best practices are revised frequently, our Support Staff has adjusted and remained flexible, all with smiles on their faces. In a recent staff meeting (via GoToMeeting) Madison Morgan, Team Support Specialist said, “I am grateful for Rose Hill’s flexibility through my undergraduate degree and honored to be apart of the Rose Hill Tribe. Being a social worker, I strive to continue being an advocate for those struggling with persistent and severe mental health illnesses.”



Helping the residents understand all of the new health related guidelines and modeling these behaviors whether it relates to social distancing, personal protective equipment, or basic hand hygiene, our team sets an excellent example. Their commitment remains high both on and off the job. Our main goal during these trying times is to keep our residents safe, and requires staff to remain healthy as they continue to go that extra mile to maintain a healthy environment.

Many things, like volunteer duties, shopping trips and off campus entertainment have been eliminated in order to reduce any health risk to the residents. The Rose Hill Healthcare Heroes have been especially creative and responsive by coordinating fun and impromptu activities, organizing fast food days, and helping people shop online. These activities have helped residents feel a sense of normalcy and very well cared for. In fact, many of them have reported to the staff that, “Everyone here is doing a great job” and that they “feel very safe at Rose Hill” Their comments are not only heart-warming to hear, but proof that Rose Hill’s talented and dedicated Healthcare Heroes have put on their capes, sharpened their “spidey senses” and continued to provide Rose Hill Center residents phenomenal care!



Rose Hill Center is a comprehensive and effective residential treatment and rehabilitation program for adults with serious mental illnesses. Rose Hill provides medication support, education, and training to help people from all over the country achieve their highest level of independence.

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The Rose Hill Foundation was organized to raise funds in support of Rose Hill Center.

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The Rose Hill Advisory Board advises the Boards and Management on medical and legal issues.

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UPDATE Newsletter

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HONOR AND MEMORY GIFTS

January 22, 2020 - April 30, 2020

IN REMEMBRANCE OF:

Paul Benivegna
 Dan and Rosemary Kelly

Rose Hurlihe
 Dan and Rosemary Kelly

Leroy Johnson
 Sheila Hess

John Kelly
 Peter and Karen Bolcato
 Raymond and Joan Bonanno
 Dollard Carey
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Peter and Barb Bauman
 Peter Berg
 Virginia Braidwood
 James and Mary Fiala
 Mark and Lisa Fusello
 Michael and Joan Lammi

IN HONOR OF:

Sean Glasgow
 Frank and Mimi Glasgow

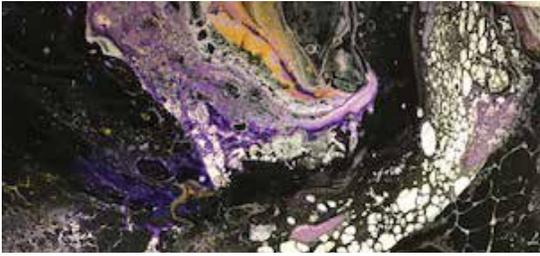
Allison Bauman
 Michael and Joan Lammi
 James and Mary Fiala
 Virginia Braidwood

NEW DATE! | *John Kelly Memorial Golf Invitational*
 MONDAY, JULY 20, 2020 at Bloomfield Hills Country Club



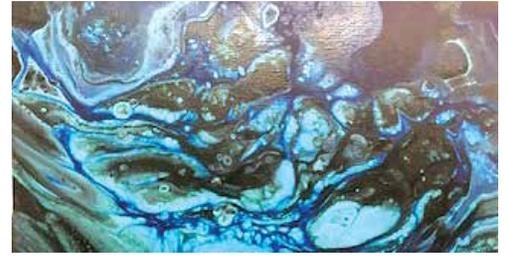
For updated information on this year's golf event visit the website at: Golf4RoseHill.com or contact Dennis Howie, Director of Development at: DHowie@rosehillcenter.org. Thank you for your support of Rose Hill Center and the 29th Annual Golf Invitational!

MAKING THE MOST OF OUR TIME TOGETHER



Art Projects

Kathleen Hansard, Activities Coordinator leads residents in a fun new art technique – acrylic pours. Creating beautiful pieces of art, this is a hobby residents can take home and practice long after they leave.



Residents learn so much during their stay at Rose Hill. The program is designed to help individuals learn to manage their mental illness and develop healthy living skills. But residents learn so much more. Rose Hill's program helps residents increase self-esteem, develop social identity, and allows individuals to establish feelings of self-worth.

The COVID-19 crisis has altered the way that these essential learning experiences are achieved. Social distancing and canceled off-campus activities have inspired the staff to create innovative methods for residents to engage with one another and continue to grow. Many staff members, who are extremely creative and artistic, facilitate this learning through activities and endeavors that promote this more intrinsic learning.



Team Support Specialist, Karen "smooths the way". The residents can practice another activity that they can continue at home. Fruit smoothies! A fun way to get your fruits and veggies and they get to enjoy the fruits of their labor!



The residents and staff donned their face masks and took golf cart rides around campus. They even got to visit the eagles and their nest near Rose Hill!

FEELING THANKFUL

By Rochelle Rothwell - President and CEO



As detailed in the cover article, Rose Hill truly has been blessed with Healthcare Heroes. When I came to Rose Hill in November of last year, I was excited by the new opportunity and seeing the impact Rose Hill's services made in the lives of the residents. I have been fortunate to see this impact as residents successfully complete their treatment at Rose Hill. I never expected to see staff being called on to protect the health and safety of our residents on this level.

The last several weeks have opened my eyes to the kindness and bravery of so many Rose Hill employees. The

dedication and determination displayed as they do their jobs has been a humbling experience. I am grateful for the opportunity to work alongside this tremendous staff as they astound me with their innovation, professionalism, and compassion.

I would be remiss if I did not also thank our community partners as well. Detroit City Distillery provided us with hand sanitizer and we received mask donations from Tracey & "Team Turner", Helping Our Heroes in Oakland County Michigan and friends and family of the Kellys.

I hope you will all join me in thanking these Healthcare Heroes!

Thank you!





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ESSENTIALLY GRATEFUL

By Dan & Rosemary Kelly

It's hard for us to accept it, but over the last few months Rosemary and I have been designated by Michigan's governor as "non-essential" with respect to the workings of Rose Hill Center. That tag also applies to all of our other board Members as well as certain staff members who are all working productively from home.

During that time, our "essential" President, Rochelle Rothwell, and our Team Support Specialists have been serving our residents, keeping them all safe from the deadly Covid-19 virus. As emphasized in other articles in this newsletter, they are certainly **TRUE HEROES**.



Although we haven't been on campus physically, Rosemary and I have been in frequent contact with Rochelle, discussing all of the precautionary measures she and her leadership group have implemented to stave off the virus. We and other members of our board have also been involved in decisions regarding financial and facilities related matters. And our board as a whole held its regular April meeting over the internet, using GoToMeeting.

So, in spite of the unprecedented, challenging and scary healthcare conditions in our world at this time, Rose Hill is functioning well, in accordance with its mission of treating and rehabilitating those with serious mental illness. And we say, once again, we are grateful to all of you for your interest in and support of Rose Hill. **You are GREAT! STAY WELL!**

Dan + Rosemary Kelly